

Event and Activity

News Flash 9th October 2016

Dear Parents on popular demand, we decided to welcome back our previous swimming coach, Ms. Tatjana Mucalov, and her team. They are ready to start assessment for groups this week on Tuesday and Wednesday, at 4pm.



NEMO SWIM SCHOOL



HORIZON KIDS
INTERNATIONAL NURSERY
Al Mouj, Muscat

at:

For children between the ages of 1 and 4 years old.

Learning to swim is fun, provides health benefits and personal safety. An obvious reason for learning how to swim is to acquire the ability to survive in the water. The water also provides a natural resistance when swimming, while also making the activity less strenuous on the body.

Levels:


Level 1: Breath control, Bobbing, and Underwater exploration


Level 2: Front float, Front glide, Front streamline, and Object retrieval

Level 3: Back float, Back glide, Back Streamline, and Sculling

Timings:

Monday & Wednesday 4.00pm till 6.00pm (age 2-4 years).

Tuesday & Thursday 4.00pm till 6.00pm (age 1-2 years). 

Children ages 1-4 years can join no more than 5 children per group. 

Cost:

10 OMR per child per class (each session lasts 30 minutes).

Teddy Tennis Starts this week on Tuesday at 10 am.



Please see the flier attached .

It's Blue Day ON Wednesday and Thursday: Remember to



wear something blue...

and be ready for lots of fun, blue activities.